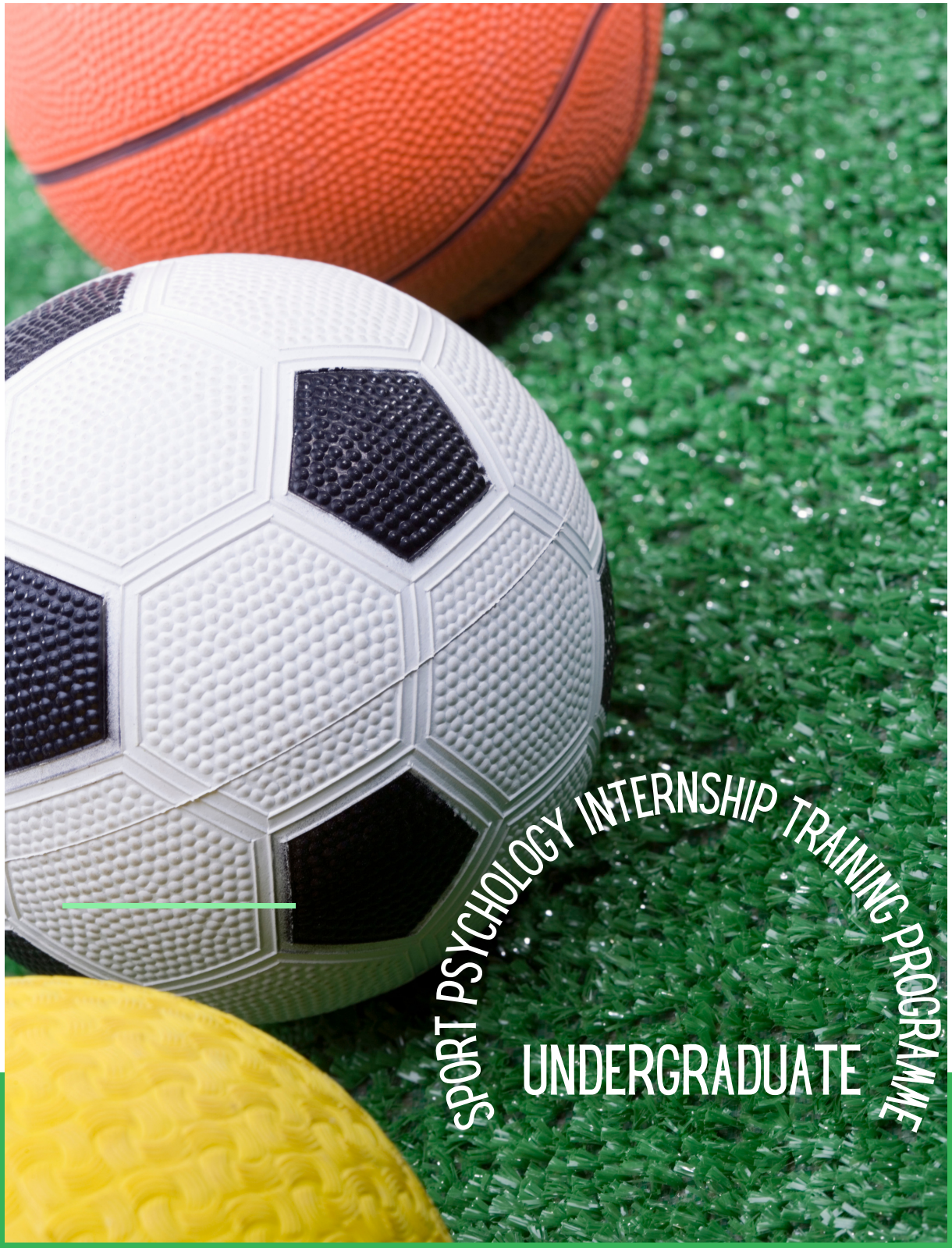
Mind First Performance

PSYCHOLOGY CONSULTING

SPORT, CORPORATE, LIFESTYLE

MYND SPORTS



SPORT PSYCHOLOGY INTERNSHIP TRAINING PROGRAMME

UNDERGRADUATE

MINDSPORTS X MFP PSYCHOLOGY

BY

MUGDHA BAVARE & VARADAYINI GORHE

PURPOSE OF THE PROGRAMME

Are you keen on pursuing a career in sport psychology?

MindSports along with MFP Psychology Consulting is offering an internship programme exclusively for students after their Bachelors.

What can you expect to learn in the training programme?

Basic theory and applied side of:

· Personality · Motivation · Emotions in Sports · Groups and Teams Functioning · Leadership

You will also enhance your skills by:

- Understanding your school and approach towards sports counselling
- Developing short group session presentations and content in sport psychology
- Enhancing Brand & CV building as a young sport psychologist
- Developing strategies for case studies

DETAILS OF THE PROGRAMME

Eligibility:

- BA/BSc in Psychology from a UCG recognised university or any university outside India
- Inclination to develop a career in sport psychology in India
- Inclination towards sport development in India- from grassroots to elite

Duration: 8 weeks

Fees: Rs.12,000 (Can be paid in instalments)

Course Structure and Assessments:

- Online course
- Weekly session with our coordinators
- Weekly assignments
- Mid-course evaluation
- End of course main evaluation

You will be provided certification & a letter of completion of training post final evaluation assessment.

OUR TEAM: COURSE LEADERS

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OUR TEAM: COURSE DEVELOPERS

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